

1st International yoga day celebration at GIDC DEGREE ENGINEERING COLLEGE Navsari on 21st june,2015

As per the direction received from GTU,Ahmedabad and DTE,Gujarat we have celebrated 1st international yoga day at our institute. Ms Manjuben Yoga instructor from Art Of Living was invited at our institute .The participants were introduced to basic yoga and then they performed various types of Yogasanas.No of participants have enthusiastically taken part in the event.Teaching faculties,Non-teaching staff including supporting staff and students remain present and took the advantages of the event.All the participants wish to continue such healthy activity at their homes on regular basis.The faculty members Dr.S.S.Patel,HarshalVashi,Bhavesh Patel,Sunil Jaganiya,PanktiNaik have arranged the program on a nice way under the supervision of our principal Dr.K.N.Mistry.

